### **Prayer**

A request for help or expression of thanks to God.

# Meditate

To think deeply about something.

# Repent

To feel sorry.

#### Grace

Receiving something from someone and giving thanks.

# **Outcomes**

- Explain how prayer can make a difference in a Christian's life.
- Know that the Bible has prayers that Christians can use.
- Know that the Lord's Prayer is important and was given to the disciples by Jesus.
- Know that Christians can pray any time and any where.
- Know that prayer is connecting to God in different ways e.g. songs, dance.

# How do Christians talk to God?

When Christians pray they talk to God.

The Bible includes prayers which Christians can use to talk to God.

Jesus taught his disciples a prayer called "The Lord's Prayer".

Christians use prayer in worship and reflection time.

Christians feel closer to God when they pray to him.

A prayer can: thank God, ask God for help, praise God, say sorry to God.