# Matthew's C.E (Aided) Primary School and Nursery Centre







'I can do all things because Christ gives me strength' Philippians 4:13

Friday Feature: 1st March 2024

This half-term we are focusing on the Christian Value of Forgiveness



'Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you'. Ephesians 4:32

Please see the attached Home School Values to share with your child.

#### **Dear Parents and Carers**

# **Parents Evening**

Parents Evening is taking place at the end of this half-term on Tuesday 19th and Wednesday 20th March. Please see the information regarding booking attached to this Friday Feature.

#### Mindful March

As part of our school's Mental health and wellbeing initiative we follow the ELSA scheme of work. Each month we look at a different topic, this month is **Mindful March**, where we will be encouraging our children to be more mindful and noticing things in the present moment.

Engaging in mindfulness activities fosters a deeper connection to the present moment, which can alleviate stress and promote a more positive outlook on life. By teaching children to be mindful of their thoughts, emotions, and sensations, they learn to cultivate a greater sense of inner peace and contentment.

Please see attached ideas and activities to help you and your child be more Mindful in March.

#### Red Nose Day: Friday 15th March

We will be taking part in Red Nose Day on Friday 15th March. We are asking all children to wear red (or something red) and bring a donation of £1. Please send children into school in sensible shoes and without hair colouring or make up.

# World Book Day: Friday 8th March

We are holding our World Book Day on Friday 8th March. We are inviting children to dress up this World Book Day as it's an exciting way for children to get book recommendations from each other.



We would also greatly appreciate and welcome the donation of any of your children's old books (in a good condition) that they no longer require.

We'd love to include you in our celebrations by welcoming you to **come into school to share a book with your child at 2:45pm on this day.** Your child will be getting a World Book Day £1 token to spend on a free book.

We are very much looking forward to celebrating World Book Day, which could not happen without the support of parents and carers – thank you.

Mrs Hulme, Assistant Headteacher and English Lead.

#### **School Nurse**

On Tuesday 28th February the school nurse came into school to talk to Reception and Nursery parents. Thankyou to all the parents who came. Please see the information below:

School Nurses offer services to school aged children between the ages of 5 to 19 years old, inclusive of children with Special Educational Needs and Disabilities (SEND) who attend local state schools some special schools, Alternative provisions and home schooled children.

The School Nursing Service works closely with The Health Visiting Service who work with children and their families aged 0-5 years.

### Healthy Child Programme 0-19 Team Lead

Sharon Clark Tel: 0333 358 3328

For young people aged 5-19 contact your School nurse- Single Point of Access Tel: 0333 358 3328

**CHAT Health Free confidential Advice and Support** 

Text: 07520 619051 Tel: 0333 358 3328

Below are the websites shared in the session:

<u>www.eric.org.uk</u> – ERIC, the children's bowel and bladder charity is dedicated to improving the lives of all children and teenagers in the UK facing continence challenges

<u>www.bbuk.org.uk</u> – Bladder and Bowel UK – Information and advice for all adults, children and young people with bladder and bowel issues and for their families and carers

www.nhs.uk - The NHS national website

<u>www.ihv.org.uk</u> – The institute of health visiting has a section of their website dedicated to families, with top tips and resources

# Dodgeball

"On Wednesday 28th February our dodgeball team went to the dodgeball tournament at the Telford Tennis Centre. Our first game was a bit harder than our game at the last dodgeball competition since we had to go against some secondary schools. We did quite a few games and then ate our lunch. We played even more games after lunch. We came 6th out of 7. "by Jemma and Jethro



## Weekly prayer

Father God,

Help us to have courage in our darkest of days and in our daily life.

Let us realise that when we confide in you and give our trust,

We receive a never-ending supply of courage to do things that we think are impossible,

Aid us so we can believe that when we receive courage from you,

We can do anything.

Amen by 6 St Padre

# Commando Joe

Tuesday Perseverance Jasper

Wednesday Generosity Lexi and Ivy Lu

Thursday Respect AJ and Jacob

# Minecraft Legend of the Week

Xavier, Noah and Chidera

# Future dates/events

8th March World Book Day—come dressed as your

favourite book character.

15th March Red Nose Day: Wear Red!

19th and 20th March Parents Evenings

25 March to 5 April Easter holidays

11 April Humphs Histories—Romans workshop with

3 Miss Hawthorn

12 April Humphs Histories—Egyptians workshop with

34 Mrs Wyre

29 and 30 April Year 2 to Kingswood

6 May Bank Holiday

22 to 24 May Year 6 to Arthog

27 to 31 May Half term

3 June PD Day

19 July Break up for summer

# Pupils of the Week and Readers of the Week



#### Readers

Reception :St Francis	Miller and Mirella	Noah
R/1: St Teresa	Malia and Luca	Oliver
1/2: St Nicholas	Andrei and Victoria	Ronny
2: St Joseph	Olivia and Luna	Chloe
3: St Cecilia	Zaydan and Isabelle	Daniel
3/4: St Sophia	Hope and Logan	Harrison
4/5: St Kateri	Samuel and Rayan	Milosz
5/6: St Thomas	Lemuel and Ivy Lu	Gia
6: St Padre	Imogen and Chidera	Isaac

## Well Done

Well done to Reeda & Aizah who were awarded medals from their recent tennis competition.



#### **PE Days**

	Indoor	Outdoor
Nursery	Thursday	Thursday
Reception	Friday	Tuesday
R1 Miss Jeffreys	Tuesday	Wednesday
12 Miss Plant	Tuesday	Friday
2 Miss Blocksidge	Wednesday	Monday
3 Miss Hawthorn	Friday	Wednesday
34 Mrs Wyre	Wednesday	Thursday
45 Mrs Barfield	Thursday	Monday
56 Mrs Hulme	Monday	Friday
6 Mr Bailey	Thursday	Wednesday

Please ensure children are wearing school PE kit, hair is tied back and ear-rings are not worn.