



“With God all things are possible.” Matthew 19:26



Curriculum Overview and Statement of Intent, Implementation and Impact Physical Education



Safeguarding

Safeguarding is at the centre of everything we do at St Matthew’s, we aim to ensure that everyone working in our school understands and adheres to their safeguarding responsibilities. We have a duty of care to all staff, pupils and their families. The safety and protection of all children is of paramount importance to all those involved in education. We are committed to inter-agency working to keep children safe. Together as a School Community we provide a caring, positive, safe and stimulating environment, which promotes the social, physical and moral development of the individual pupil, whilst paying due regard to the protected characteristics of every child.

Equality and Diversity

As a Church of England Aided Primary School, St. Matthew’s school is rooted in Christian values and TEAM spirit, we aspire to be an innovative and inspiring community where every individual is provided with the opportunity to flourish spiritually, morally, emotionally, physically and intellectually. We are ‘Individuals working to potential with God’.

The school is committed to:

- promoting racial equality, good race relations and challenging racial discrimination. This is reflected in all school policies, procedures, processes and practices.
- ensuring that it is a place where everyone, irrespective of their race, colour, ethnic or national origin or their citizenship, feels welcome and valued and able to achieve their full potential.
- protecting the rights of all pupils, staff, parents, governors and visitors to the school.
- respecting and valuing differences between people.
- meeting the diverse needs of pupils.
- preparing pupils for life in a multi-ethnic society.
- acknowledging the existence of racism and being proactive in tackling and eliminating racial discrimination.

Intent	Implementation	Impact
<p><i>At St Matthew’s Primary school, our school vision is to encourage all children to flourish spiritually, morally, emotionally, physically and intellectually in all aspects of life demonstrating perseverance and resilience; this is emulated across all curriculum areas.</i></p>	<p>At St Matthew’s our children participate in 2 hours of high-quality PE and sporting activities weekly.</p> <p>Physical Education is provided through a broad and balanced curriculum of physical activities, including gymnastics, dance, athletics, games, swimming, Karate</p>	<p>The impact of the PE curriculum ensures that children meet age-appropriate skills in a range of physical activities.</p> <p>Our Physical Education ensures children develop transferable skills in a range of sports and in everyday</p>

<p>At St Matthew's it is our intent that all children will be 'lifelong participants' in sport, developing skills and abilities that enable them to apply their learning to a range of different sports or activities. Our PE curriculum teaches the children life values such as how to co-operate and collaborate with others as part of an effective team, understanding fairness and equity in sport as well as learning key skills (being able to swim) to keep them stay safe.</p> <p>By providing children with opportunities to compete in sport and team building activities encouraged in our Commando Joe lessons, pupils at St Matthew's build their own character and embed values such as fairness, resilience and respect.</p> <p>We deliver high-quality physical education curriculum, supported by the 'Power of PE' programme to inspire all pupils to succeed and excel in a range of progressive competitive sports and other physically demanding activities.</p> <p>Through our PE lessons we provide opportunities for pupils to become confident in a way which supports their health and fitness. Our PE lessons promote physical health as well as improving pupils mental health, spirituality and wellbeing.</p> <p>We aim to make Physical Education enjoyable and accessible to all children regardless of ability or gender. Whatever the pursuit, Physical Education and sport supports essential skills and helps to maintain fitness, vigour, self-esteem, perseverance and confidence.</p> <p>We endeavour to introduce children to a wide range of sports so that they can find an activity that appeals</p>	<p>and opportunities to explore other sports. The teaching of PE is supported and mapped out coherently through the use of the Power of PE scheme.</p> <p>As part of our PE curriculum, we provide all pupils from Reception through to Year 6 with access to discrete Karate lessons taught by Sensei. This develops children's spirituality, independence and self-regulation.</p> <p>We also provide swimming for years 3, 4, 5 & 6 during the Summer Term, where the children develop, at the very least, basic swimming skills and an awareness of safety in the water. We aim for all of our pupils to leave school, water confident and able to swim at least 25 metres.</p> <p>Children in year 2 can attend a residential trip to Kingswood education centre and Children in Year 6 can attend an annual residential visit to Arthog Outdoor Educational Centre. During these visits, pupils take part in outdoor and adventurous activities, which are organised and supervised by qualified members of site staff.</p> <p>We provide a variety of opportunities for children to attend sporting afterschool clubs. We offer a range of clubs across the year including football, rugby, hockey, netball, tennis, running and Karate.</p> <p>We also encourage children to take part in sporting activities out of school and actively signpost children to specific activities or clubs that are appropriate for their interests and abilities.</p>	<p>life including staying fit and healthy both mentally and physically.</p> <p>PE is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that the children can succeed in all aspects of a holistic curriculum. This instils the importance of a physically active lifestyle demonstrating a clear awareness of the link between physical activity and positive mental wellbeing.</p> <p>We have very high expectations for our children, providing opportunities to compete in sport and other activities, to build motivation, tolerance and embedded values such as courage, compassion, fairness and respect.</p> <p>We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.</p>
---	--	--

to their own personality and skill set. We aim to inspire our pupils to pursue these activities beyond their time in school, promoting a healthier future lifestyle.